

STUDENTS UNION

REPORT

NOVEMBER, 2021 – November, 2022

Name of the event: **IRIS: Children's Day Celebration**

An Art craft workshop

College Level

Date (14/11/2021)

Name of the organizing Department/Society: Students' Union

Name of the convenor/coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary

Resource Persons (alongwith their affiliation):

Divya Sharma (President)

Total Number of the participants/beneficiaries: 40+

Report

The Students' Union of Maitreyi College, in collaboration with Artisto- the fine arts society of maitreyi college- organised an Art and Craft workshop: 'Iris', for children and adults from different backgrounds in various areas of Delhi. The workshop encompassed two separate phases- online and offline phases respectively.

As a part of the online phase of the workshop, on the 14th of November 2021, the members of Artisto demonstrated how to make an owl out of tissue paper, for the younglings from various schools across New Delhi. The meeting took place on zoom, and was attended by about 63 participants, apart from students of our esteemed college.

In order to further do our bit in helping the underprivileged infants and children of our nation get in touch with their creative side, and to add a little colour to their lives, the second phase of Iris was launched. Under this, the General Secretary of the Students' Union (Miss Harshita Chouhan) along with some members of Artisto, visited the slums of Delhi on behalf of Maitreyi College so as to distribute stationery and painting items, namely crayons, pencils, paints and brushes.

The kids accepted their gifts with immense gratitude, and most even insisted on having the volunteers sit and draw with them. Our representatives, touched by the kids' persistence, decided to spend more time with them, and sketch with the younglings.

Both the phases of the workshop turned out to be major successes, both in terms of the smiles it brought on the faces of the children receiving the gifts as well as the ones who had the privilege of presenting others with those gifts.

NAME OF THE STUDENTS INVOLVED

Harshita chouhan (BSc. Life sciences)

Tapasya Sammi (BSc. Life sciences)

Divya Sharma (BA history Hons)

Bidipta Deb (BA history Hons)

Kopa Aggarwal (BA history Hons)

Yashika Sharma (BA Political science Hons)

Manna (BA Political science Hons)

Nargis (BA Political science Hons)

Manya jain (President, Artisto)

Online meeting link

<https://us06web.zoom.us/j/85487538251?pwd=LzE3RFpndVgzbkFBcjNtbUhLSFplQT09>

Significance of the event

Little children learned art and craft from member of artisto which was real and fun and learning session. Also the children who can't afford stationary, union tried to colour their children's day which was a success.

Poster



 **STUDENTS' UNION**
MAITREYI COLLEGE 

Presents

IRIS

AN ART AND CRAFT WORKSHOP
ON THE OCCASION OF
Children's Day

For School Students

Moderator from
ARTISTO 

THE FINE ARTS SOCIETY OF MAITREYI COLLEGE

REGISTRATION LINK
<https://forms.gle/XNxpyy5dscKsjQKM7>

DATE - 14th November, 2021
TIME - 10:30 AM
PLATFORM - ZOOM

For further Information, Contact :
Nargis : 78279 10148
Harshita : 7357993357



Dr. Ritu Gaba
Student Union Advisory

Name of the event: **Orientation Programme**

College Level

Date (20-11-2021)

Organised by: Students' Union

Name of Convenors

Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Team

Divya Sharma (President)

Nargis (Vice President)

Harshita Chouhan (General Secretary)

Yashika Sharma (Treasurer)

Total Number of the participants/beneficiaries: 500+

Report

On the 20th of November, 2021, the Students' Union of Maitreyi College, organised an orientation programme for our beloved freshers (or the class of 2024). The programme took place on the online platform Zoom, and was attended by more than 500 students and teachers.

The event was conducted under two separate time slots, divided on the basis of courses, i.e. the morning session (0900h onwards for BA Honours and BA Programme) and the afternoon session (1300h onwards for students enrolled in BCom Honours, BCom programme, BSc Honours or BSc Programme).

It started with warm greetings from the Students' Union to the new arrivals, and was followed by a short introductory video about Maitreyi College, the University of Delhi and its history. Keeping in mind that the students had been unable to visit the campus until then, the anchors made sure to add small or big details about the campus in the intervals between performances and speeches, in an attempt to help our freshers feel more connected to Maitreyi.

After introductions to the college and campus, the students were then given an overview of all the societies that Maitreyi houses, by the respective presidents of each. This was done in order to encourage students' participation in extracurriculars.

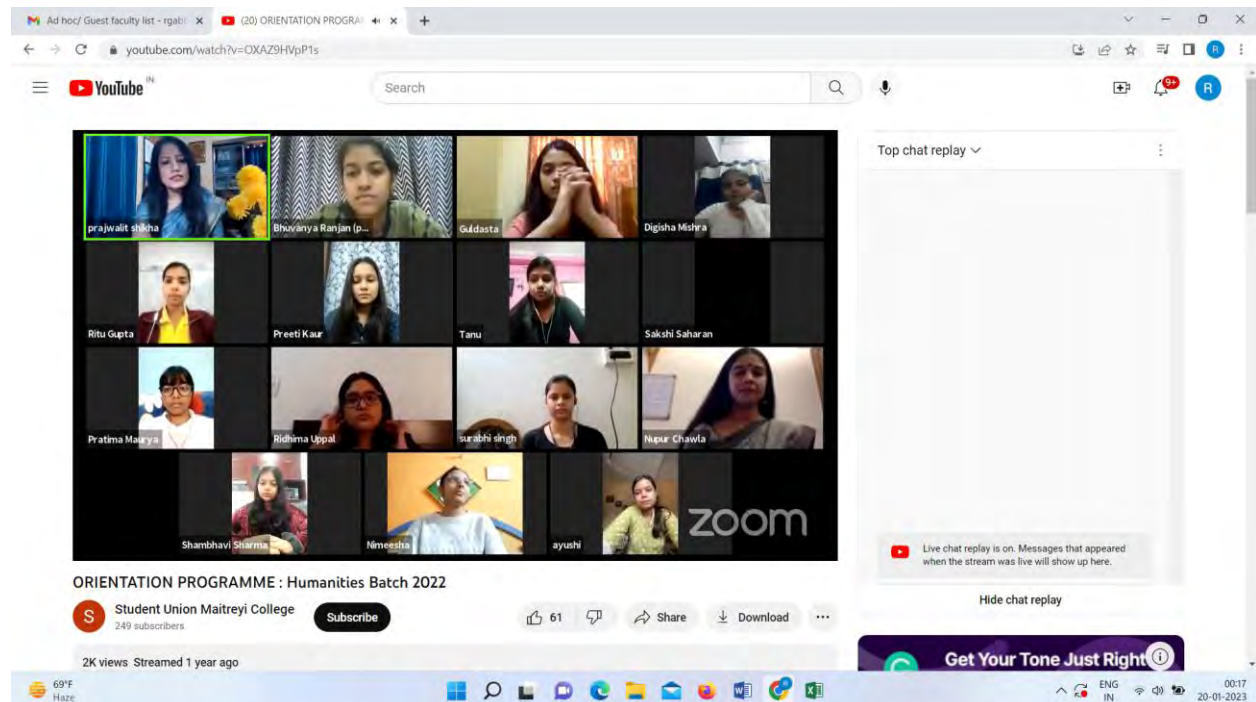
The introductions to the various departments of the college and their respective teachers-in-charge were made post the discussion about societies of Maitreyi. This was finally followed by a

detailed overview of each subject under a given course, to give the freshers a basic understanding of what they may expect to study in the course of their graduation.

The event concluded with a message from the Principal, motivating the juniors to always do their best and to not be disheartened with the kind of college life (or lack thereof) they seemed to have to lead in the near future. She expressed how the teachers were equally unhappy with the reality of their circumstances (referring to difficulty faced by both sides as a part of online lectures), but reassured the students that the teaching staff will always be available to help them through this time, and asked the freshers to reciprocate the assistance they might receive from their peers and/or teachers.

Number of Participants:

<https://youtu.be/OXAZ9HVpP1s>



Poster



The poster is for an orientation programme at Maitreyi College, University of Delhi. It features the college's logo on the left and the University of Delhi logo on the right. The text is centered and reads: 'Maitreyi College University of Delhi', 'Invites all freshers to the', 'Orientation Programme'. Below this, it lists two sessions: 'MORNING SESSION' and 'AFTERNOON SESSION'. The morning session has Prof. KN Saraswathi as Chief Guest and Prof. Balaganapathi Devarakonda as Guest of Honour. The afternoon session has Prof. Shital Jhunjunwala as Chief Guest and Professor Amarjeet as Guest of Honour. Zoom links and IDs are provided for both sessions. The event is on 20th November, 2021, at 9:00 A.M. (Morning session for B.A. Hons. And B.A. Pass) and 1:00 P.M. (Afternoon session for B.Com. Hons./ B.Com. prog. and B.Sc. Hons./ B.Sc. Prog.). The venue is Zoom Meetings.

Maitreyi College
University of Delhi

Invites all freshers to the

Orientation Programme

MORNING SESSION	AFTERNOON SESSION
Prof. KN Saraswathi CHIEF GUEST	Prof. Shital Jhunjunwala CHIEF GUEST
Prof. Balaganapathi Devarakonda GUEST OF HONOUR	Professor Amarjeet GUEST OF HONOUR
https://us02zoom.us/j/7332248421 9988795468181a71279a4b25816 www.91211642106	https://us02zoom.us/j/6141723817 6141723817 9988795468181a71279a4b25816 9988795468181a71279a4b25816

On 20th November, 2021

At 9:00 A.M. (Morning session for B.A. Hons. And B.A. Pass)
At 1:00 P.M. (Afternoon session for B.Com. Hons./ B.Com. prog. and B.Sc. Hons./ B.Sc. Prog.)

Venue : Zoom Meetings

Significance of the event

Freshers joined in the meeting through zoom meeting as well as you tube live streaming to know about the various departments, societies and committees of the college.



Dr. Ritu Gaba

Student Union Advisory

Name of the event - **Christmas: A December to Remember**

College Level

Date (25-12-2021)

Organised By: Students' Union

Name of Convenors:

Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Team:

Divya Sharma (President)

Nargis (Vice President)

Harshita Chouhan (General Secretary)

Yashika Sharma (Treasurer)

Total Number of the participants/beneficiaries: 100

Number of the participants from College: 100

Beneficiaries from college: 2 winners

Report

“It’s the one night of the year when we all act a little nicer, we smile a little easier and we cheer a lot more.”

In view of the fact that Christmas does not feel festive enough in the absence of carols, winter, or games with our loved ones, the Students’ Union organised an online art competition on Christmas day, December 25th, 2021.

The competition was held on the online meeting platform- Zoom, and was attended by about a hundred students from Maitreyi. The meeting commenced with greeting all the participants and welcoming them to the challenge that awaited them.

The platform was then taken over by students from the music society, in order to switch the Christmas mood on with a few lovely old Christmas carols. Once the audience had comfortably settled into the spirit of celebration, the rules for the competition were announced.

An important point to note for the participants was that they were to stick to the theme of the competition- Christmas- while putting their paint brushes to paper. They were also made to adhere to the pre-decided time limit.

The entrees were then evaluated by the Judges and the results were announced towards the end of the event. Two women from Maitreyi bagged the first and second positions respectively. The First position holder, Bhawna Bhargav from Ba (H) Eng put an extremely realistic and lovely drawing of a little boy looking at a huge, lit Christmas tree to paper.

Ridhima Sharma, from the BA programme department bagged the second position, and her piece consisted of a snow covered path in the middle of the mountains, with a christmas tree alight with fairy lights to the side.

The event concluded with loads of congratulations to the winner and wishes to the other participants.

Online meeting link/ Registration link

<https://forms.gle/5SEQ6XZVg6JXjo5M6>

Significance of the event

Outreach/Soft Skill Development/Curriculum Enrichment

Name of the Prize holders

Bhawna Bhargava

Rishima Sharma



Dr. Ritu Gaba
Student Union Advisory

Name of the event: **SURYA NAMASKAR**

College Level

Date (17/01/2022 to 7/02/2022)

Name of the organizing Department/Society: Students' Union

Name of the Convenor/Coordinator of the event

Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Team

Divya Sharma (President)

Nargis (Vice President)

Harshita Chouhan (General Secretary)

Yashika Sharma (Treasurer)

Resource Persons:

Ms Anjali

Total Number of the participants/beneficiaries: 200+

Number of the participants/beneficiaries from College: 200+

Report

“It is health that is the real wealth and not the pieces of gold and silver”

A message that most of us grew up listening to, but seldom do we follow the advice it gives. And to help us understand that ‘healthy’ is based on habits and not whims, the Students’ Union, in collaboration with the department of Physical Education and NSS Maitreyi, organised a 22- day online Yoga Workshop, open to all students of the University of Delhi.

The workshop, having been attended by more than 300 students (each day), started on 17th of January, 2022 and ended on the 7th of February, 2022. Daily, Mrs. Anjali Dahiya instructed the students on how to go about performing Surya Namaskar and various other asanas.

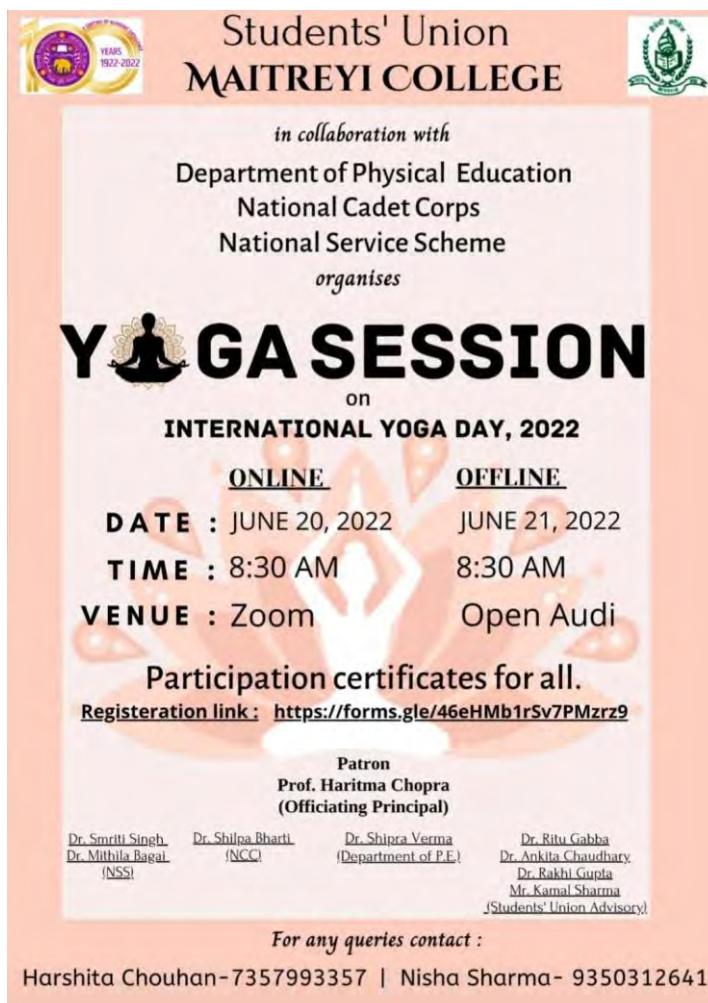
Mrs. Dahiya, a firm believer of the quote, "A little progress each day adds up to big results", led the participants through a slow journey to reconnecting with nature. The day, for the participants, would begin at 0530h, with Mrs. Dahiya teaching them the proper way to offer their salutations to the Hindu god of the Sun- Aditya, Bhaskar or Surya.

While performing the Surya Namaskaaram, she also discoursed on the benefits of each pose of the yogic practice. After the Surya Namaskaar, the participants moved onto other asanas, to help stretch out all muscles in the body.

As each day progressed, the asanas changed, yet the Namaskaaram was a constant. And as with the latter, each asana was accompanied by a commentary on the benefits along with the best time to perform said asana.

The workshop concluded with the students having getting used to waking up at 0500h, and feeling like they would be able to expand upon their existing level of efficiency and productivity. The programme seemed to have left an extremely positive impact on the regular participants.

Poster of the event



Students' Union
MAITREYI COLLEGE

in collaboration with
Department of Physical Education
National Cadet Corps
National Service Scheme
organises

YOGA SESSION
on
INTERNATIONAL YOGA DAY, 2022

<u>ONLINE</u>	<u>OFFLINE</u>
DATE : JUNE 20, 2022	JUNE 21, 2022
TIME : 8:30 AM	8:30 AM
VENUE : Zoom	Open Audi

Participation certificates for all.
Registration link : <https://forms.gle/46eHMB1r5v7PMzrz9>

Patron
Prof. Haritma Chopra
(Officiating Principal)

Dr. Smriti Singh Dr. Mithila Bagal (NSS)	Dr. Shilpa Bharti (NCC)	Dr. Shikha Verma (Department of P.E.)	Dr. Ritu Gabba Dr. Ankita Chaudhary Dr. Rakhi Gupta Mr. Kamal Sharma (Students' Union Advisory)
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For any queries contact :
Harshita Chouhan-7357993357 | Nisha Sharma- 9350312641

Online meeting link

<https://us06web.zoom.us/j/83000441050?pwd=VlhUcm04R0V5RytuU0xHYndkMlIUdz09>

Video of the event

<https://drive.google.com/file/d/1xSbr7n4syZspsC9YrnPMhrfCDRv2XPct/view?usp=drivesdk>

Significance of the event

Students developed the skills of yoga and enjoyed the sessions.

A handwritten signature in black ink, appearing to read "Ritu Gaba". The signature is written in a cursive style with a long horizontal stroke at the bottom.

Dr. Ritu Gaba
Student Union Advisory

Name of the event: **Women's day celebration**

College Level

Date (08/03/2022)

Name of the organizing Department/Society: Students' Union

Name of the convenor/coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Committee:

Divya Sharma (President)

Nargis (Vice President)

Harshita chouhan (General Secretary)

Yashika Sharma (Treasurer)

Report

On March 8, 2022, the Students' Union and Women Development Cell of Maitreyi College together celebrated the International Women's Day. The event began around 10:30 AM, with Ganesh Vandana by the Indian Music Society of the college, followed by the lamp lighting ceremony in presence of the Principal Ma'am Prof. Haritma Chopra and Chief Guest for the day, Mr. Vaibhav Srivastava who is the Chairperson of our governing body.

The day proceeded with a stunning performance by Galore – fashion society of college. Event included felicitation ceremony for the young achievers of the college, prizes were awarded to excellent athletes, young entrepreneurs and noble workers who brought laurels to the college at the National and International level. The achievers shared their experience and motivated the audience.

Showing different examples of women empowerment through dance steps Zeal and Nrityakriti graced the stage. Giving the function a melodious twist further, Riyaaz gave a lyrical performance.

Capturing the entire crowd with their stage presence, next in line was Abhivyakti, The Theater Society with a powerful nukkad natak amplifying women issues and Appolonia, The Western Music Society with a melodic performance.

Stalls were set up by Vista, Enactus and Artisto. The event concluded with a ripples of enthusiasm and joy among the aspiring, strong minded women present in the College.

Poster of the event

STUDENTS' UNION
Maitreyi College
University of Delhi
(Accredited with Grade "A" by NAAC)

and

**Women Development Cell
of Maitreyi College**

invite you to

INTERNATIONAL WOMEN'S DAY

c-e-l-e-b-r-a-t-i-o-n

**TIME: 10:30 AM ONWARDS
DATE: 8TH MARCH, 2022
VENUE: OPEN AUDITORIUM**

FOR FURTHER DETAILS, CONTACT
DIVYA SHARMA (PRESIDENT): 96105 79250
NARGIS (VICE-PRESIDENT): 78279 10148

Dr. Ritu Gaba
Student Union Advisory

Name of the Event: **RHAPSODY 22'**

College Level

Date: 12/04/22

Name of the organizing Department/Society: Students' Union

Name of the Convenor/Coordinator of the event: Dr. Ritu Gaba, Dr Ankita Chaudhary

Name of Organising Team

Divya Sharma (President)

Nargis (Vice President)

Harshita Chouhan (General Secretary)

Yashika Sharma (Treasurer)

Report

Rhapsody is the annual fest of Maitreyi College, University of Delhi, generally held in February-March but this year it was held in the month of April between 12 to 22 April, and various competitions were held. It is one of the most eagerly awaited events of College life. It is basically a two-day festival with an extensive list of competitions and events, Maitreyi College put up a grand celebration. The participants got an opportunity to showcase their talents and win amazing rewards. With a series of formal and informal events, food gully, fabulous stalls, International drummers, the most astonishing Band performances, and a groovy DJ Eve, this year also Maitreyi organized a grand event for its as well as other students. Various food and other non-food Stalls were put up by students and other people which also made the event fun.

These are various competitions organized by multiple societies of Maitreyi College for students in which they participated and won exciting prizes:

Riyaz, the Indian Music Society organized Swarotsava. Trenchant, the English debating society organized Crossfire. Nrityakriti, the Indian Dancing society organized Pratyang.

The Achievement Cell organized Reverie, a reel-making competition on the theme, of a mini vlog of my dream day.

Vaachik, the Hindi debating society organized Drishtikon, a debate on CUET.

Galore, the Fashion society organized Forge, a fashion show.

Zeal, the Western dancing society organized Match the Beat, a solo dancing competition.

Abhivyakti, the Theatre society organized Intifada.

Artisto, the Fine arts society organized a zodiac sign recreation competition named Artesque.

Some of these competitions are held offline and some online and winners are given prizes at the end of the event.

Significance of the event

Students found this event a vivacious, enthusiastic, and enjoyable one. They get to know students from various other colleges and by participating in the events they got to brush up on their talents and skills and won prizes accordingly.

Posters of the event

मैत्रेयी महाविद्यालय,
दिल्ली विश्वविद्यालय
छात्रा संघ
'रैपसोडी' 2022
'वाचिक वाद-विवाद समिति'
प्रस्तुत करती है
" दृष्टिकोण "
हिन्दी टर्नकोट वाद-विवाद
प्रतियोगिता
9 अप्रैल | गूगल मीट
" सदन मानता है कि केंद्रीय विश्वविद्यालय
प्रवेश परीक्षा (CUET) की नीति उचित है।"
परामर्श
डॉ. सुरिंदर कौर मल्होत्रा
प्रभारी
(हिंदी विभाग)
समिति संयोजिका
डॉ. सुरजीत कुमारी
(संस्कृत विभाग)
समिति परामर्शदात्री एवं
सह संयोजिका
डॉ. रीता
(हिंदी विभाग)
संरक्षण
डॉ. हरित्मा चोपड़ा
(प्राचार्या)
सम्पर्क सूत्र -
दिव्या शर्मा (अध्यक्ष) - 9610579250 आकांक्षा मिश्रा (उपाध्यक्ष) - 8076471642

MAITREYI COLLEGE
UNIVERSITY OF DELHI
STUDENTS' UNION
RHAPSODY'22
The Achievement Cell
presents
Reverie
Reel making competition
Mini Vlog of Dream Day:
What My Future Will Look Like
Win exciting prizes!
Registration deadline:
10th April, 2022 (10 PM)
In case of any queries,
please contact:
Harshika Ahuja-9968619603
Aastha Chaudhary-8586058602
@theachievementcell

Dr. Ritu Gaba
Student Union Advisory

MAITREYI COLLEGE
UNIVERSITY OF DELHI
STUDENTS' UNION

RHAPSODY'22

Solo
**MUSIC
COMPETITION**

AMAZING CASH
PRIZES
FOR WINNERS!!

Registration link is in bio!
Last date for Registration :
08-04-2022
@apollonia.maitreyi

EUPHORIA
APOLLONIA - THE WESTERN WORLD MUSIC SOCIETY

Performance time limit: 05.00min

FOR FURTHER DETAILS, CONTACT
SURBHI: 8791542489 ANUSHKA: 81716719199 ADISHREE: 9425601009

MAITREYI COLLEGE
UNIVERSITY OF DELHI
STUDENTS' UNION

RHAPSODY'22

RIYAAZ: The Indian Music Society
presents

SWAROTSAV'22

SHIVANJALI- Indian Choir Competition

April 12, 2022
Google Meet

For further queries, contact
Vanshika Daksh (Co-President)
9910802494
Aishwarya Das (Co-President):
9650355711

riyaaz_ims
riyaazmaitreyi

MAITREYI COLLEGE
UNIVERSITY OF DELHI
STUDENT'S UNION
RHAPSODY'22

NRITYAKRITI
The Indian Dance Society
Presents

PRATYANG

Date- 11th April'22
Time- 10 am (IST)
Platform- Google Meet

For further details, Contact:-
Prashasti: 8839082267, Muskan: 9910023951

MAITREYI COLLEGE
UNIVERSITY OF DELHI
STUDENTS' UNION

RHAPSODY'22
TRENCHANT: THE ENGLISH DEBATING SOCIETY
presents

**CROSSFIRE
2022**
A Turncoat Debate

13 APRIL | ZOOM
| 2:00 pm onwards |

For Further Details Contact:
Tulika Singh
President
(8587043747)
Devanshi Mehta
General Secretary (MUN)
(9650520993)
@trenchant.maitreyi

Name of the Event: **Annual day**

College Level

Date: 08/06/22

Name of the organizing Department/Society: Students' Union of Maitreyi College

Name of the Convenor/Coordinator of the Event: Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Team:

Divya Sharma (President)

Nargis (Vice President)

Harshita Chouhan (General Secretary)

Yashika Sharma (Treasurer)

Report

Annual Day celebration is when an organization celebrates another year of its being and appreciates the students' achievements in all curricular, co-curricular, and extracurricular activities conducted throughout the year. Maitreyi College organized its Annual day for the year 2022 on 8th June 2022. Mr. Sanjay Singh was the chief guest at the event. Mr. Virender Kadian (MLA) & Sh Sanjay Singh (MP) were the Guest of Honour. The event was commemorated at 10 a.m. with lamp lighting. A melodious and beautiful Ganesh Vandana along with dance was performed by Students of Riyaz, the Indian music society, and Nrityakrati, the Indian dance Society. After that, the different departments were felicitated with potted plants by Respected Principal Ma'am Prof. Haritma Chopra and Chief Guests. Botany Department was felicitated for the best flower show. Further, Students who bagged the positions in Annual Exams were felicitated. Then, different Societies along with their members were felicitated with certificates. A plantation drive was also organised on the occasion.

Last but not the least, the event wrapped up with the speeches of the Principal Ma'am, and Chief Guest.

Significance of the event

Students as well as found this event a vivacious, and enjoyable one. Students were felicitated on their excellent performance in academics and co-curricular activities. Departments were also felicitated.





Ritu Gaba

Dr. Ritu Gaba
Student Union Advisory

Name of event: INTERNATIONAL YOGA DAY

College Level

Date: 21 June, 2022

Organized By: Student Union, Department of Physical Education, NCC, NSS Maitreyi College

Resource person: Ms Anjali

Organising Team:

Harshita chouhan (President)

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Total beneficiaries: 100+

Report

Yoga is a system of exercises for the body that involves breath control and helps relax both your mind and body. It is an Indian philosophy which aims to unite the self with the spirit of the universe. The ultimate goal of yoga is, to help the individual to transcend the self and attain enlightenment, through a series of physical and mental exercises. At the physical level, the methods comprise various yoga postures or 'asanas' that aim to keep the body healthy. The mental techniques include breathing exercises or 'pranayama' and meditation or 'dhyana' to discipline the mind.

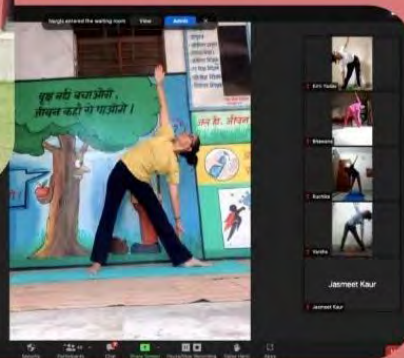
On the occasion of "INTERNATIONAL YOGA DAY ", Students's Union in collaboration with the Department of Physical Education, National Cadet Corps (NCC), National Service Scheme (NSS) of Maitreyi College, organized an online Yoga event.

Session was organized through a Zoom Meeting. Students of different departments also participated in this event. Participants showed their skills, balance, focus and with the guidance of a yoga teacher many cadets got to know more about Yoga, different posture, benefits of meditation and many more ways to stay healthy and live a long life.

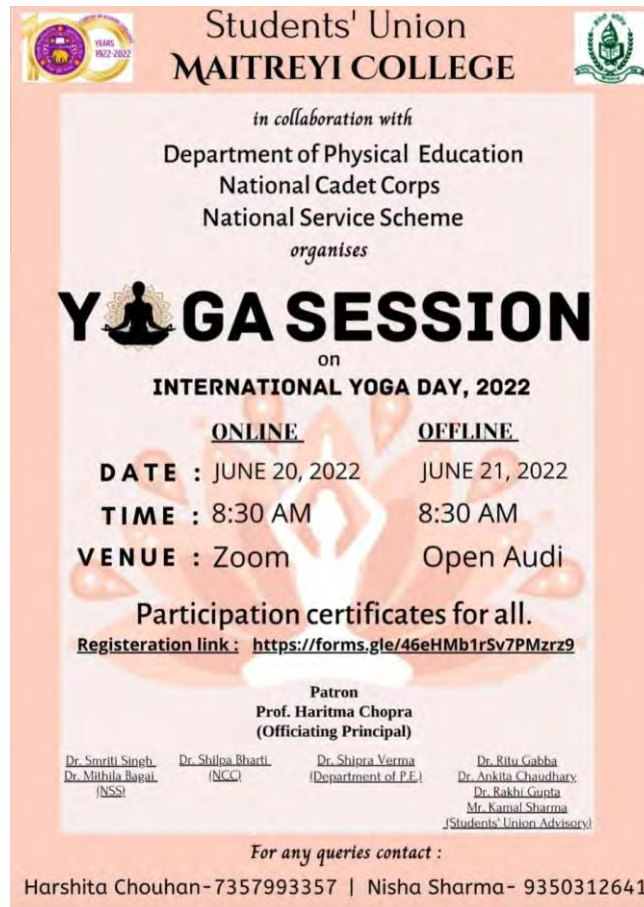
On 21 June, 2022, the session was held in College's Amphitheater. The session started at 8:30 AM. Students from all the societies and departments took part in the event. Students from NCC Society also participated in the celebration enthusiastically. The asanas included standing asanas, sitting asanas, and pranayama. The instructor also showed us simple and effective breathing asanas which were important for our health and could be easily done at home. The teachers and other staff of the college also performed asanas with the students. Mrs. Haritma Chopra (Principal of Maitreyi College), also did sitting asanas and breathing exercises with the participants. The session was well organized. The session went for 1 hour and ended at 9:30 AM. All the participants were given refreshments by the college. The celebration ended on a positive note.

Everyone put a good start to their day with Yoga on the International Yoga Day '22.

Glimpse of International Day of Yoga 🧘‍♀️ ✨



Poster



The poster is for a yoga session organized by the Students' Union of Maitreyi College. It features a central graphic of a person in a yoga pose. The text is arranged in a clear, hierarchical manner, providing details about the event's date, time, and venue for both online and offline sessions. It also lists the patron and several faculty members involved in the event.

Students' Union
MAITREYI COLLEGE

in collaboration with
Department of Physical Education
National Cadet Corps
National Service Scheme
organises

YOGA SESSION
on
INTERNATIONAL YOGA DAY, 2022

<u>ONLINE</u>	<u>OFFLINE</u>
DATE : JUNE 20, 2022	JUNE 21, 2022
TIME : 8:30 AM	8:30 AM
VENUE : Zoom	Open Audi

Participation certificates for all.
Registration link : <https://forms.gle/46eHMb1r5v7PMzrz9>

Patron
Prof. Haritma Chopra
(Officiating Principal)

Dr. Smriti Singh, Dr. Mithila Bagai. (NSS)	Dr. Shilpa Bharti. (NCC)	Dr. Shijora Verma (Department of P.E.)	Dr. Ritu Gabba Dr. Ankita Chaudhary, Dr. Rakhi Gupta Mr. Kamal Sharma (Students' Union Advisory)
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For any queries contact :
Harshita Chouhan-7357993357 | Nisha Sharma- 9350312641

Feedback analysis: Under the instructions of our yoga guide, the students concluded the offline session of Yoga day with a note that yoga is the key to maintain the harmony in both mind and body with our social surroundings.

Significance of Event: The International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga. Maitreyi Kutumb also believes in the holistic health benefits of yoga. It helps the students in achieving mindfulness, developing greater self awareness and tranquility, and catapulting our ability to focus and remain happy throughout the day.



Dr. Ritu Gaba
Student Union Advisory

Name of event: **Inauguration of Girl's hostel**

College Level

Date: 11/08/2022

Name of the organizing Department: STUDENT'S UNION

Name of the Convenor/Coordinator of the Event: Dr. Ritu Gaba, Dr. Ankita Chaudhary

Organising Team

Harshita Chauhan (President)

Nisha sharma (Vice president)

Sivasankari (General Secretary)

Shriyam (Treasurer)

Report

On 11 August, 2022, Maitreyi College was exalted by the inauguration of Girl's hostel. As the day started with a soft and cool breeze, the hostel was itself presenting the warm and cozy vibes, all decorated with balloons and flowers. For the auspicious moment, an offering of our prayers to god as hawan was made at 8:30 am. The event was graced with the presence of Professor Yogesh Singh, Vice Chancellor of the century old Delhi University as the chief guest who was greeted and marched by the NCC Cadets from the entrance to the hostel. Professor Shri Prakash Singh, Director South Campus, also added dignity to the event by being the guest of honour. The ceremony experienced the enthusiastic participation of our principal Dr. Haritma Chopra, faculty, non-teaching staff and students. After offering the prayers to god, the chief guest and guest of honour were invited for the ribbon cutting of the hostel. For memento, our chief guest planted a guava tree as a symbol to represent life, growth, wisdom and prosperity. The guests with other members of college then had their way into the hostel and had a look of the building and accomodation facilities. The faculty of Maitreyi always aims to develop a healthy environment to make our college provide better facilities and quality education to the students, to provide the boarders a peaceful and congenial environment to enable them to excel in their studies and personality development, to create amongst the students, a sense of accommodation and to inculcate discipline. All embracing, the event was successfully organized and conducted for the betterment of the students of Maitreyi College.



Maitreyi girls' hostel Inauguration
11.08.2022

Significance of the Event:

The event made a significant impact on the betterment of accommodation facilities for the outstation students. It aims to provide a healthy and flourishing environment to the students of Maitreyi. This also overcomes the tension that parents are engaged in when their children are staying faraway.

A handwritten signature in black ink, appearing to read 'Ritu Gaba', with a stylized flourish at the end.

Dr. Ritu Gaba
Student Union Advisory

Name of Event: **Independence Day**

College Level

Date: 15-08-2022

Name of the Organizing Department: Students' Union

Name of the Convenor/Coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary, Mr. Kamal, Dr. Rakhi Gupta

Organising Team:

Harshita Chouhan- President

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Report

This is to inform you that our college had celebrated 75th Independence Day on 15th August 2022. Here is the report on the celebration. The celebration started at 10:00am at the Amphitheater. The honoring was first started by explaining the meaning and significance of Ajadi Ka Amrit Mahotsav by our hosts. Our Honorable Principal, Dr. Haritma Chopra was then called for flag hoisting, and then we were shaded under our National flag with our National Anthem- Jana Gana Mana echoing all around. She then praised our efforts with zeal and zested us with her motivational speech. Where she praised the speech given by our Honorable Prime Minister, Narendra Modi and highlighted the line "Jai Jawan, Jai Kisan, Jai Vigyan, Jai Anusandhan". She also spoke about the achievements of Maitreyi College in the field of science and research. Then many other teachers and students voluntarily came and expressed their thoughts and experiences in front of everyone on the auspicious occasion. Where they shared their opinions on topics such as role of women in freedom, our country as a whole united democratic nation, corruption- the biggest threat, contribution of some greatest freedom fighters like Saheed Bhagat Singh, Netaji Subhash

Chandra Bose and shared their grandparents role as Freedom fighters and many more. Many others then sang patriotic songs, poems and slogans. We were also charged with the performance of traditional Punjabi Bhangra dance. We kept our spirits in high by repeating the slogans- "Vande Matra, Bharat Mata ki Jai". Our NCC members and Apollonia, Western World Music Society also sang several songs and boosted our patriotic feelings. Freshments were then offered to everyone, who were present there. Then other students who want to express themselves were given the stage and with this the event was concluded by all the members of NCC by singing "Hum Sab Bhartiya Hai" at 12:30pm.

Poster



A circular logo celebrating 75 years of academic excellence from 1922 to 2022. It features a central emblem with a book and a lamp, surrounded by the text '75 YEARS 1922-2022' and 'A CENTURY OF ACADEMIC EXCELLENCE'.



The logo of Maitreyi College, University of Delhi, featuring a book and a lamp within a circular frame, with the motto 'विद्यया ऽमृतमश्नुते' (Vidya Amritam Ashnute) written in Devanagari script.

Maitreyi College
University of Delhi



The Ashoka Chakra, a 24-spoke wheel, is centered below the college name.

invites you all to the 

75TH INDEPENDENCE DAY

CELEBRATION



Freedom is in our minds and faith is in our hearts.
Pride is in our soul and love for the nation in our blood.
Let's make it a cheerful day!!



Timing- 10:00 AM onwards
Venue- Amphitheater



A stylized graphic of the Indian national flag (Tiranga) in the bottom right corner, with the saffron, white, and green stripes flowing upwards.



Significance of the Event:

To spirit and honor the celebration of our 75th Independence Day and the ones who helped us to achieve it.

Feedback Analysis:

It received a tremendous response. All the students appreciated the efforts and got motivated to contribute towards our Nation. It also provided the students a platform to showcase their inbuilt talents. Such events should be held from time to time.

A handwritten signature in blue ink, appearing to read 'Ritu Gaba', with a stylized flourish at the end.

Dr. Ritu Gaba
Student Union Advisory

Name of Event: **TEACHERS' DAY**

College Level

Date: 15-08-2022

Name of the Organizing Department: Students' Union

Name of the Convenor/Coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary, Mr. Kamal, Dr. Rakhi Gupta

Organising Team

Harshita Chouhan- President

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Report

On 5th September, 2022, Student's Union of Maitreyi College, University of Delhi celebrated Teacher's day to honour the dedication and devotion of the teachers with pomp and grandeur. The event commenced with a beautiful speech by the principal Prof. Haritma Chopra by 10:30 a.m at the open auditorium decorated with balloons and festoons. The event experienced an enthusiastic presence of teachers and students. Later, the Student's union presented the teachers with the customised mugs as a token of love and respect to appreciate the innumerable efforts. The event got instilled with fervour when the students took upon the stage and performed mesmerizing dance, songs, poetry and speech. An unforeseen skit was performed by the students of the commerce department. The atmosphere got an echo of wow when the student's union danced their energies out. Some fun filled activities were arranged for the teachers like musical chairs and passing the parcel. Cherry on the top was placed when the teachers themselves presented some performances. Lastly, it would be condemned if the efforts of the anchors for the day are not addressed as they kept the whole event organized and energized. To mark the day, a half-hour DJ was arranged for the audience followed by re-energizing them with the refreshments. The day was seized on the note of acknowledgement of the dedication and hard work of the teachers.

Significance of the Event:

Teacher's day's significance was so magnificent that it can not be described in words. This day was respectfully dedicated to our dear teachers to honour their hard work for our brighter future. This day was significantly marked to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan. He was a renowned scholar, recipient of Bharat Ratna, first Vice-President and second President of independent India.

Poster



Feedback analysis:

The teacher's day event was a success as analyzed by the feedback given by the teachers and students collected through a google form. The google form received a positive response from the audience and proved to be a success.

Dr. Ritu Gaba
Student Union Advisory

Name of Event: **SWACHHATA PAKHWADA**

College Level

Date: 13-09-2022

Name of the organizing Department/Society: Student's Union

Name of the Convenor/Coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary, Mr. Kamal, Dr. Rakhi Gupta

Organising Team

Harshita Chouhan- President

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Number of the participants/beneficiaries from College: More than 50.

Report

The Student's Union of Maitreyi College in collaboration with Vishalakshi Foundation organized a series of events under the aegis of "Swachhta Pakhwada". Swachhata Pakhwada is the annual event that Maitreyi College organizes proudly to unfurl the importance of cleanliness and hygiene in our lives. Maintaining a clean environment is for the health of all living beings, as their health completely depends on the atmosphere. A bad environment is solely responsible for spoiling the health of the people around. Dirt and disease go together. The event began with the students, NCC cadets and NSS volunteers gathering in the open auditorium. The first event for the day was "Oath taking" in which the people took the vow to keep their surroundings clean and green. The oath was conducted in Hindi and English both. After the oath, the next event was started to span the idea creatively which was "Poster Making Competition". The students increased the bar by spanning the idea of cleanliness through their creative skills. The winners of the competition were felicitated by exciting cash prizes and participants were provided with an E-certificate. Josh got so high when the volunteers and students started the rally in college campus reciting the slogans to encourage other students to join them. This rally was enthusiastically enhanced by students of Maitreyi and volunteers of Vishalakshi Foundation when they gathered around the corners of Kalkaji mandir metro station and started cleaning the premises and surroundings. Their participation clearly reflected their willingness and interest to keep the surroundings clean and make India a better place to live. Also, this act was applauded by the community people as it encouraged them to join this holy deed. Mass awareness was created with various slogans as the active participants signified the importance of hygiene in making India "disease-free". After picking up the scattered litter the place was made habitable once again and the wastes were disposed of properly in the dustbins.


STUDENTS' UNION
 Maitreyi College
 University Of Delhi
under
SWACHHATA PAKHWADA
presents
OATH
PAINTING COMPETITION
NASHA MUKTI RALLY
 Theme: Nasha Mukti
 Date: 14th September, 2022
 Time: 9.30a.m onwards
in collaboration with

NCC MAITREYI & NSS MAITREYI

 For Queries :
 Harshita Chouhan: 7357993357
 Nisha Sharma : 9350312641


STUDENTS' UNION
 Maitreyi College
 University Of Delhi

Presents
सफाई RALLY
Under
SWACHHATA PAKHWADA

 Date:- 12th September 2022, Monday
 Time : 11.30 Onwards
 Starting point: Open Auditorium ,
 Maitreyi College
 " स्वच्छ और स्वस्थ होगा
 तभी तो आगे बढ़ेगा इंडिया "

For Queries :
 Harshita Chouhan: 7357993357
 Nisha Sharma : 9350312641



Metro Station Kalkaji Mandir, Metro Station Kalkaji Mandir, Nehru Place,
 New Delhi, Delhi 110019, India

Latitude	Longitude
28.55072104°	77.25759464°
Local 11:13:02 AM	Altitude 198.22 meters
GMT 05:43:02 AM	Tuesday, 13 Sep 2022

INTRODUCTION TO MENSTRUAL CAFÉ (Campus Ambassador Programme)

College level

Date: 14th October, 2022

Name of organizing department: Health and Hygiene department (IQAC) & Students' union

Resource persons: Ms Rikita Narula

Name of the Convenor/Coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary, Mr. Kamal, Dr. Rakhi Gupta

Organising Team

Harshita Chouhan- President

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Total number of participants/Beneficiaries: 150+

Report

The students' union, in collaboration with IQAC, organized a seminar on sex education for the students of Maitreyi College on the 14th of October. The event commenced as the union welcomed Miss Ritika Narula, Project Head at Sacchi Saheli. Sacchi Saheli is an NGO that works towards erasing taboo around female reproductive health and menstruation by actively taking up discussion regarding the same on varied levels and forums.

Miss Narula took the stage and delved into the details of how she came to be associated with Sacchi Saheli, and why the NGO resonated with her. Her journey began in the field of psychology, where she gained insight as to the behavioral patterns and emotional dynamics of adults and teenagers.

With a heart full of empathy and a determination to make sex-ed available to women far and wide. She worked with Mental Health Clinical practitioners at VIMHANS hospital, Delhi, Bharatiya Mahila Federation, Mumbai, Sanjivani, and healers clinic, Delhi. She then found her niche at Sachhi Saheli, where she has been instrumental in as a Menstrual Health educator and trainer.

Over the years, the NGO has made sex-ed available to hundreds of women and girls in the early and late years of their reproductive cycles. Through sensitization workshops regarding mental health in combination with adolescent health, prevention of sexual abuse, the team put their best foot forward in getting the message out to the world that reproductive health is a multidimensional spectrum.

Miss Ritika also mentioned how the NGO endeavors to come up with solution based strategies to make a safer environment for all women and girls. She shed a light on the work she undertook

personally while developing training modules on WASH facilitators and WASH interventions at school. WASH or 'Water, Sanitation and Hygiene'- a term coined by the UNICEF to refer to the process of reduction of risk of infections and prevention and control of infectious diseases like cholera and Ebola.

The Speaker put emphasis on the role of mental health in the lives of people who lately have begun menstruating. There was also talk about the importance of acknowledging the fact that there are more people identifying as queer and non-binary and the need to respect their choices. She concluded her keynote with a message to the audience to forego judgement regarding people's sexualities and sexual orientations, while also reiterating that we should all make our contributions towards making the world a safer space for all genders, and all ages.

Poster



 **STUDENTS' UNION**
Maitreyi College
University of Delhi 

Cordially invites you to the

Introduction to
Menstrual Cafe
A Campus Ambassador Program

SPEAKER
RITIKA NARULA
PROJECT HEAD
SACHHI SAHELI

Venue: NSB Video Conferencing Hall
Time: 1 p.m
Date: 14th October 2022

For any queries:
Siva: 9994819378
Shriyam: 8178379901

Significance of the event:

To help students gauge the importance of sex education while also helping them eliminate myths regarding the process of menstruation and giving a background on what the Queer community is and how to do our bit in supporting them.

Feedback Analysis:

The attendees were heavily influenced by the speech and most students seemed to resonate with what was discussed regarding mental health of the queer community. Students took their time to reflect on the importance of awareness in matters relating to reproductive health.

A handwritten signature in black ink, appearing to read "Ritu Gaba". The signature is written in a cursive style with a long horizontal stroke at the bottom.

Dr. Ritu Gaba
Student Union Advisory

Name of the Event: **SPARKLES'22**

College Level

Date: 20/10/2022

Name of the organizing Department/Society: Student's Union

Name of the Convenor/Coordinator of the event:

Dr. Ritu Gaba, Dr. Ankita Chaudhary, Mr. Kamal, Dr. Rakhi Gupta

Organising Team

Harshita Chouhan- President

Nisha Sharma (Vice President)

Sivasankari (General Secretary)

Shriyam Mishra (Treasurer)

Total number of participants/Beneficiaries: 1500+

Report

On 20th October 2022, a gem was fastened in the history of Maitreyi College, University of Delhi by our prestigious Students' Union for the session 2022-23. Diwali, the festival of lights, celebrates the victory of good over evil, light over darkness and bliss over ignorance. So did our Students' Union, lionized by organizing the annual Diwali Mela Sparkles at the dorm after the break due to the pandemic successfully.

The organization of the diwali mela was truly a sight to behold. An array of exciting ventures were put in order to serve our guests from other colleges of University of Delhi and others. Various dance and music performances, acts received applause from our huge audience. The fashion walk with ethnic theme organized by Galore, the fashion society of Maitreyi College, was a point of attraction in the event which made the audience electrified. The students did an admirable job at setting up stalls, hosting a group of diverse students and performing to entertain everyone as well. The Societies and Students' Union in collaboration organized a series of competitions like rangoli making competition, talent hunt, dance, film making and all fascinations in between. The winners were announced and felicitated.

Every head turned when the floor was set on fire by the Students' union and the core team by dancing their hearts out on desi beats of dholida.

Sparkles orchestrated to pull a number of students out from the comfort of their homes. The plethora of stalls, ranging from cake and biscuits to coffee and clothes really raised their spirits while also beckoning them to splurge and give in to their guilty pleasures.

The most iconic element of Sparkles, Garba Raas saw the amphitheater come alive with hundreds of students dancing to the rhythm of their hearts. And the cherry on the cake was the open mic, offering cathartic release to anyone and everyone who'd participated.

What struck was the passion of the hosts to make this diwali mela as homely as possible for students who were away from home. The hard work of Students' union and core team was commendable and is appreciated. With such love poured into this project it was an absolute delight to be a part of sparkles that turned out to be a massive success.

Significance of the event:

The lights of Diwali signify a time to destroy all our dark desires and thoughts, eradicate dark shadows and evils and give us the strength and the zeal to carry on with our goodwill for the rest of the year. Diwali honors the Hindu goddess of wealth, Lakshmi. This diwali we aimed towards the upliftment of small businesses of our students and wholeheartedly provided a platform and a huge audience to promote their business.

Feedback analysis:

This diwali event, Sparkles'22 was proved a success when we heard the comments about the event as "the best event organized yet", "safe and sound event" and the students even mentioned that they are waiting for the upcoming events to be organized by Maitreyi College. A questionnaire on Instagram handle of Maitreyi College was put up which received tremendously positive response from the audience.



Poster of the Event



Dr. Ritu Gaba
Student Union Advisory